

Anna C. Gilbert, B.S.
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Education

Doctor of Philosophy
Clinical Psychology
2021-Present

Seattle Pacific University, Seattle, WA
Clinical Research in Self-Injury & Suicide (CRISIS) Lab
Supervisor: Keyne C. Law, Ph.D.

Bachelor of Science
Psychology
2014-2018

Fordham University, Bronx, NY
Honor's Thesis: *Pain-related Risk Factors for Suicide in a Chronic Pain Sample*
Supervisor: Margaret S. Andover, Ph.D.
Summa Cum Laude

Awards & Scholarships

2021: Clinical Psychology Scholarship, SPU Clinical Psychology program: \$20,000
2017: Undergraduate Research Grant, Fordham College at Rose Hill: \$3,800

Research Experience

Graduate Research Assistant
2021 – present

CRISIS Lab
Seattle Pacific University, Seattle, WA.
Principal Investigator: Keyne C. Law, Ph.D.

Clinical Research Assistant
2018-2020

Pediatric Mood, Imaging, and NeuroDevelopment Lab
Bradley Hospital, East Providence, RI
Principal Investigator: Daniel P. Dickstein, M.D.

Undergraduate Research Assistant
2015-2018

Mood and Behaviors Lab
Fordham University, Bronx, NY
Principal Investigator: Margaret S. Andover, Ph.D.

Manuscripts in Press

Kudinova, A.Y., Brick, L., Barthelemy, C.M., MacPherson, H., Jenkins, G.A., DeYoung, L.L., **Gilbert, A.C.**, Radoeva, P., Kim, K.L., Arney, M., & Dickstein, D.P. (In press). Sex assigned at birth and age moderate the trajectory of guilt among children and adolescents with and without recent suicidal ideation. *Cognition and Emotion*.

Dickstein, D., Barthelemy, C.M., Jenkins, G.A., DeYoung, L., **Gilbert, A.C.**, Radoeva, P., Kim, K.L., & MacPherson, H. (2021). This Is Your Brain on Irritability: A Clinician's Guide to Understanding How We Know What We Know Now, and What We Need to Know in the Future, About Irritability in Children and Adolescents. *Child and adolescent psychiatric clinics of North America*, 30(3), 649-666. <https://doi.org/10.1016/j.chc.2021.04.013>

MacPherson, H., Kudinova, A.Y., Jenkins, G.A., Kim, K.L., Radoeva, P., **Gilbert, A.C.**, Barthelemy, C.M., DeYoung, L., Yen, S., Hower, H., Hunt, J., Keller, M., & Dickstein, D. (2021). Facial emotion recognition and mood symptom course in young adults with childhood-onset bipolar disorder. *European Archives of Psychiatry and Clinical Neuroscience*, 271, 1393 - 1404. <https://doi.org/10.1007/s00406-021-01252-0>

- MacPherson, H., Kudinova, A.Y., Schettini, E., Jenkins, G.A., **Gilbert, A.C.**, Thomas, S.A., Kim, K.L., Radoeva, P., Fenerci, R.L., Yen, S., Hower, H., Hunt, J., Keller, M., & Dickstein, D. (2021). Relationship between cognitive flexibility and subsequent course of mood symptoms and suicidal ideation in young adults with childhood-onset bipolar disorder. *European Child & Adolescent Psychiatry*, 1-14. <https://doi.org/10.1007/s00787-020-01688-0>
- Gilbert, A.C.**, DeYoung, L.L., Barthelemy, C.M., Jenkins, G.A., MacPherson, H.A., Kim, K.L., Kudinova, A.Y., Radoeva, P.D., & Dickstein, D.P. (2020) The Treatment of Suicide and Self-Injurious Behaviors in Children and Adolescents. *Current Treatment Options in Psychiatry*, 7, 39–52. <https://doi.org/10.1007/s40501-020-00201-3>
- Radoeva, P.D., Jenkins, G.A., Schettini, E., **Gilbert, A.C.**, Barthelemy, C.M., DeYoung, L.L., Kudinova, A.Y., Kim, K.L., MacPherson, H.A., & Dickstein, D.P. (2020). White Matter Correlates of Cognitive Flexibility in Youth with Bipolar Disorder and Typically Developing Children and Adolescents. *Psychiatry Research: Neuroimaging*, 305. <https://doi.org/10.1016/j.psychresns.2020.111169>
- Kim, K.L., Galione, J., Schettini, E., DeYoung, L.L., **Gilbert, A.C.**, Jenkins, G.A., Barthelemy, C.M., MacPherson, H.A., Radoeva, P., Kudinova, A.Y., & Dickstein, D.P. (2020). Do styles of emotion dysregulation differentiate adolescents engaging in non-suicidal self-injury from those attempting suicide? *Psychiatry Research*, 291. <https://doi.org/10.1016/j.psychres.2020.113240>
- Kudinova, A.Y., MacPherson, M.A., Musella, K., Schettini, E., **Gilbert, A.C.**, Jenkins, G.A., Clark, L., Dickstein, D.P. (2020). Maladaptive personality traits and the course of suicidal ideation in young adults with bipolar disorder: Cross-sectional and prospective approaches. *Suicide & Life-Threatening Behavior*, 10. <https://doi.org/10.1111/sltb.12684>
- Kudinova, A.Y., MacPherson, H., Schettini, E., **Gilbert, A.C.**, Jenkins, G.A., Musella, K., Philip, N., Clark, L., & Dickstein, D. (2019). S142. Personality Traits and the Course of Bipolar Disorder Symptoms Among Young Adults: Cross Sectional and Prospective Approaches. *Biological Psychiatry*, 85. <https://doi.org/10.1016/j.biopsych.2019.03.893>

Manuscripts Under Review

- Babcock Fenerci, R. L., Jenkins. G. A., **Gilbert, A. C.**, Schettini, E., Musella, K., MacPherson, H. A., Kim, K. L., Kudinova, A. Y., Radoeva, P. D., & Dickstein, D. P. (under review). *Maltreatment History and Reasons for Self-Injurious Behavior Among Adolescents Engaged in Non-Suicidal Self-Injury vs. Adolescents Who Attempted Suicide.*

Manuscripts in Preparation

- Gilbert, A.C.**, Jenkins, G.A., & Andover, M.S. (in preparation). *Examining the Roles of Depression and Pain-Related Risk Factors for Suicide in a Chronic Pain Sample.*
- Jacobson, S. V., **Gilbert, A. C.**, Widman, C., Law, K. C., & Ammerman, B. A. (in preparation). *Differences in NSSI Severity and Suicidal Behaviors among LGBTQ+ and Heterosexual Adults.*
- O'Loughlin, C.M., Thorton, K., **Gilbert, A.C.**, Law, K.C., Ammerman, B.A. (in preparation). *Association Between Self-Injurious Thoughts and Behaviors and Reactions to Disclosures of NSSI and Unwanted Sexual Experiences.*
- O'Connell, K.L., Hassler, M., Moreira, N., Barnette, B., Gilbert, A.C., Widman, C., & Law, K.C. (In Preparation). *The Association Between Help-seeking Means and Outcomes for 9-1-1 Suicide-Related Calls.*

Poster Presentations

- Radoeva, P. D., Barthelemy, C., Jenkins G., **Gilbert, A. C.**, DeYoung, L., MacPherson, H. A., Kim, K. L., & Dickstein, D. P. (2020, October). *Association between depressive symptoms and social responsiveness*. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, virtual conference.
- Gilbert, A.C.**, Jenkins, G., DeYoung, L., Jenkins, G.A., Barthelemy, C.M., MacPherson, H.A., Kim, K.L., Radoeva, P.D., & Dickstein, D.P. (2020, March). *Demographic and Family-Based Predictors of Future Inpatient Psychiatric Care in a Sample of Adolescents Engaging in Non-Suicidal Self-Injury*. Poster presented at Brown University Mind Brain Research Day, virtual conference.
- Kudinova A.K., MacPherson H.A., Schettini E., **Gilbert A.C.**, Jenkins G.A., Musella K., Philip N.S. Clark L.A., Dickstein D.P. (2019, May). *Personality traits and the course of Bipolar Disorder symptoms among young adults: cross sectional and prospective approaches*. Poster presented at: The Society of Biological Psychiatry (SOBP) Annual Meeting, Chicago, IL.
- Radoeva P.D., Schettini E., Jenkins G.A., **Gilbert A.C.**, MacPherson H.A., Babcock Fenerci R., Dickstein D.P. (2019, May). *White matter correlates of cognitive flexibility in typically developing children and adolescents*. Poster presented at: The Society of Biological Psychiatry (SOBP) Annual Meeting, Chicago, IL.
- Gilbert, A.C.**, Jenkins, G.A., Schettini, E., Musella, K., MacPherson, H.A., Kim, K.L., Thomas, S.A., Dickstein, D.P. (2019, March). *Demographic and Clinical Differences in Adolescents who Engage in Non-Suicidal Self-Injury vs. Those with Undisclosed Suicide Attempts*. Poster presented at Brown University Mind Brain Research Day, Providence, RI.
- Jenkins, G. A., **Gilbert, A. C.**, Musella, K., Schettini, E., Babcock Fenerci, R. L., MacPherson, H. A., Kudinova, A., Radoeva, P., & Dickstein, D. P. (2019, March). *Reasons for self-injurious behaviors among maltreated adolescents engaged in non-suicidal self-injury vs. adolescents who have attempted suicide*. Poster presented at Brown University's Carney Institute for Brain Science's annual Mind Brain Research Day, Providence, RI.
- Kudinova, A. Y., Brick, L., Jenkins, G. A., **Gilbert, A. C.**, Barthelemy, C., DeYoung, L., MacPherson, H. A., Radoeva, P. D., Arney, M., & Dickstein, D. P. (2019, December). *Trait irritability is associated with greater levels of negative and lower levels of positive mood assessed via ecological momentary assessment technology in youth*. Poster presented at the annual meeting of the American College of Neuropsychopharmacology, Orlando, FL.
- Gilbert, A.C.**, & Andover, M.S. (2018, April). *Risk Factors for Suicide in a Chronic Pain Sample*. Poster presented at the American Association of Suicidology, Annual Meeting, Washington, DC.

Reviewer Experience

The Fordham Undergraduate Research Journal, peer reviewer

Related Volunteer Experience

Digital Crisis Counselor
2020 – Present

Trevor Project

Summer Intern
2017

National Alliance on Mental Illness, Seattle, WA