

Anna C. Gilbert, M.S.

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Education

Doctor of Philosophy

Clinical Psychology
2021-Present

Seattle Pacific University, Seattle, WA

Clinical Research in Self-Injury & Suicide (CRISIS) Lab

Supervisor: Keyne C. Law, Ph.D.

Master of Science

Clinical Psychology
2021-2023

Seattle Pacific University, Seattle, WA

Clinical Research in Self-Injury & Suicide (CRISIS) Lab

Supervisor: Keyne C. Law, Ph.D.

Bachelor of Science

Psychology,
Summa Cum Laude
2014-2018

Fordham University, Bronx, NY

Honor's Thesis: *Pain-related risk factors for suicide in a chronic pain sample*

Supervisor: Margaret S. Andover, Ph.D.

Clinical Experience

Psychometrist

Nov 2022 – present

Pacific Wellness Partners, Seattle, WA

Supervisor: Shadi Shirazi, Psy.D.

Duties: The administration of psychological assessment tests for ADHD, learning disorders, and ASD in adults and adolescents. Further duties include scoring measures, drafting integrated reports, and providing case conceptualizations for diagnostics. Tests administered: WAIS-IV, WISC-V, WISC-V Integrated, WIAT-V, WRAML-3, TOC, SCAN, TOVA, RCFT.

Practicum Student

July 2023 – present

OCD Intensive Outpatient Program, Seattle Children's Hospital

Supervisor: Lisa Barrois, Ph.D.

Duties: Conducting exposure and response prevention interventions for children and adolescents experiencing severe OCD requiring intensive outpatient treatment. Responsible for planning and conducting exposure-based interventions in both a group and individual setting. Further duties include case management, daily documentation of progress notes, and symptom evaluation using the CY-BOCS.

Research Experience

Graduate Student

2021 – present

Clinical Research in Self-Injury & Suicide (CRISIS) Lab

Seattle Pacific University

Principal Investigator: Keyne C. Law, Ph.D.

Duties: Data collection, analysis, and collaboration on research projects and papers related to suicide and self-injury; Co-leading a research team dedicated to examining ecological risk factors for suicide; Contributing to procedural development, recruitment, and participant enrollment for a study examining Tik Tok usage and suicide in adolescents and young adults; Conducting semi-structured interviews (e.g., SITBI) and assessments (e.g., MINI) to determine study eligibility.

**Clinical Research
Assistant**
2018-2020

Pediatric Mood, Imaging, and NeuroDevelopment (PediMIND) Lab

Bradley Hospital/Warren Alpert Medical School of Brown University

Principal Investigator: Daniel P. Dickstein, M.D.

Duties: Responsible for participant recruitment for several grant-funded studies examining self-injury and suicide (NIMH: R01MH110379), irritability (NIMH: R01MH111542), and bipolar disorder (NIMH: R33MH096850) in children and adolescents; Administering components of the intake process, such as semi-structured interviews (e.g., SITBI, C-SSRS) and assessments (e.g., WASI-II); Administering computer-based cognitive tasks; Assisting in the fMRI process with Level II safety training certification; Extracting social media data using Python; Scheduling and administering follow-up appointments.

**Undergraduate Research
Assistant**
2015-2018

Mood and Behaviors Lab

Fordham University

Principal Investigator: Margaret S. Andover, Ph.D.

Duties: Assisting in data collection through semi-structured interviews (e.g., SITBI) and BIOPAC software; Coding and cleaning data.

Manuscripts in Press

O'Connell, K.L., Hassler, M., Moreira, N., Barnette, B., **Gilbert, A.**, Widman, C., & Law, K.C. (Accepted June 2023). Do crisis details differentiate suicide-related 911 call outcomes? *Crisis: The Journal of Crisis Intervention and Suicide Prevention*

Jacobson, S.V., **Gilbert, A.C.**, O'Loughlin, C.M., Widman, C., Law, K.C., & Ammerman, B.A. (2023). Effects of sexual orientation and NSSI severity on suicide risk. *Journal of Psychiatric Research*, 157, 174-179. <https://doi.org/10.1016/j.jpsychires.2022.11.021>

Babcock Fenerci, R.L., Jenkins, G.A., **Gilbert, A. C.**, Schettini, E., Musella, K., MacPherson, H., Kim, K. L., Kudinova, A. Y., Radoeva, P. D., & Dickstein, D. P. (2022). Maltreatment history and reasons for self-injurious behavior among adolescents engaged in non-suicidal self-injury versus adolescents who attempted suicide. *Suicide & Life-Threatening Behavior*, 52(2), 898-907. <https://doi.org/10.1111/sltb.12887>

Kudinova, A.Y., Brick, L., Barthelemy, C.M., MacPherson, H., Jenkins, G.A., DeYoung, L.L., **Gilbert, A.C.**, Radoeva, P., Kim, K.L., Armev, M., & Dickstein, D.P. (2022). Sex assigned at birth and age moderate the trajectory of guilt among children and adolescents with and without recent suicidal ideation. *Cognition and Emotion*, 36(3), 512-526. <https://doi.org/10.1080/02699931.2022.2029359>

Dickstein, D., Barthelemy, C.M., Jenkins, G.A., DeYoung, L., **Gilbert, A.C.**, Radoeva, P., Kim, K.L., & MacPherson, H. (2021). This Is Your Brain on Irritability: A Clinician's Guide to Understanding How We Know What We Know Now, and What We Need to Know in the Future, About Irritability in Children and Adolescents. *Child and adolescent psychiatric clinics of North America*, 30(3), 649-666. <https://doi.org/10.1016/j.chc.2021.04.013>

MacPherson, H., Kudinova, A.Y., Jenkins, G.A., Kim, K.L., Radoeva, P., **Gilbert, A.C.**, Barthelemy, C.M., DeYoung, L., Yen, S., Hower, H., Hunt, J., Keller, M., & Dickstein, D. (2021). Facial emotion recognition and mood symptom course in young adults with childhood-onset bipolar disorder. *European Archives of Psychiatry and Clinical Neuroscience*, 271, 1393 - 1404. <https://doi.org/10.1007/s00406-021-01252-0>

MacPherson, H., Kudinova, A.Y., Schettini, E., Jenkins, G.A., **Gilbert, A.C.**, Thomas, S.A., Kim, K.L., Radoeva, P., Fenerci, R.L., Yen, S., Hower, H., Hunt, J., Keller, M., & Dickstein, D. (2021). Relationship between

cognitive flexibility and subsequent course of mood symptoms and suicidal ideation in young adults with childhood-onset bipolar disorder. *European Child & Adolescent Psychiatry*, 1-14.
<https://doi.org/10.1007/s00787-020-01688-0>

Gilbert, A.C., DeYoung, L.L., Barthelemy, C.M., Jenkins, G.A., MacPherson, H.A., Kim, K.L., Kudinova, A.Y., Radoeva, P.D., & Dickstein, D.P. (2020) The Treatment of Suicide and Self-Injurious Behaviors in Children and Adolescents. *Current Treatment Options in Psychiatry*, 7, 39–52.
<https://doi.org/10.1007/s40501-020-00201-3>

Radoeva, P.D., Jenkins, G.A., Schettini, E., **Gilbert, A.C.**, Barthelemy, C.M., DeYoung, L.L., Kudinova, A.Y., Kim, K.L., MacPherson, H.A., & Dickstein, D.P. (2020). White Matter Correlates of Cognitive Flexibility in Youth with Bipolar Disorder and Typically Developing Children and Adolescents. *Psychiatry Research: Neuroimaging*, 305. <https://doi.org/10.1016/j.psychresns.2020.111169>

Kim, K.L., Galione, J., Schettini, E., DeYoung, L.L., **Gilbert, A.C.**, Jenkins, G.A., Barthelemy, C.M., MacPherson, H.A., Radoeva, P., Kudinova, A.Y., & Dickstein, D.P. (2020). Do styles of emotion dysregulation differentiate adolescents engaging in non-suicidal self-injury from those attempting suicide? *Psychiatry Research*, 291. <https://doi.org/10.1016/j.psychres.2020.113240>

Kudinova, A.Y., MacPherson, M.A., Musella, K., Schettini, E., **Gilbert, A.C.**, Jenkins, G.A., Clark, L., Dickstein, D.P. (2020). Maladaptive personality traits and the course of suicidal ideation in young adults with bipolar disorder: Cross-sectional and prospective approaches. *Suicide & Life-Threatening Behavior*, 10. <https://doi.org/10.1111/sltb.12684>

Kudinova, A.Y., MacPherson, H., Schettini, E., **Gilbert, A.C.**, Jenkins, G.A., Musella, K., Philip, N., Clark, L., & Dickstein, D. (2019). S142. Personality Traits and the Course of Bipolar Disorder Symptoms Among Young Adults: Cross Sectional and Prospective Approaches. *Biological Psychiatry*, 85. <https://doi.org/10.1016/j.biopsycho.2019.03.893>

Conference Presentations

Gilbert, A.C., Barnett, B., Friedman, G.J., & Law, K.C. (2023, May). *Examining sexual violence and risky sexual behaviors as predictors of past-year suicide attempt history in a national sample of LGB adolescents*. Oral presentation presented at the Annual Conference of the School of Psychology, Family, and Community, Seattle Pacific University, Seattle, WA.

Gilbert, A.C., Barnett, B., Friedman, G.J., & Law, K.C. (2023, April). *Examining sexual violence and risky sexual behaviors as predictors of past-year suicide attempt history in a national sample of LGB adolescents*. Poster presented at the Suicide Research Symposium, virtual.

O’Connell, K.L., **Gilbert, A.C.**, Moreira, N., & Law, K.C. (2023, April). *Ecological assessment of deaths of despair in Washington state (2009-2020)*. Oral presentation presented at the Suicide Research Symposium, virtual.

Jacobson, S.V., **Gilbert, A.C.**, O’Loughlin, C.M., Widman, C., Law, K.C., & Ammerman, B.A. (2022, November). *Effects of sexual orientation and NSSI severity on suicide risk*. Poster accepted to the 27th Annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISIT DBT), New York.

Jacobson, S.V., **Gilbert, A.C.**, O’Loughlin, C.M., Widman, C., Law, K.C., & Ammerman, B.A. (2022, May). *Effects of sexual orientation and NSSI severity on suicide risk*. Paper presented at the Annual Conference of the School of Psychology, Family, and Community, Seattle Pacific University, Seattle, WA.

- Radoeva, P. D., Barthelemy, C., Jenkins G., **Gilbert, A. C.**, DeYoung, L., MacPherson, H. A., Kim, K. L., & Dickstein, D. P. (2020, October). *Association between depressive symptoms and social responsiveness*. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, virtual conference.
- Gilbert, A.C.**, Jenkins, G., DeYoung, L., Jenkins, G.A., Barthelemy, C.M., MacPherson, H.A., Kim, K.L., Radoeva, P.D., & Dickstein, D.P. (2020, March). *Demographic and family-based predictors of future inpatient psychiatric care in a sample of adolescents engaging in non-suicidal self-injury*. Poster presented at Brown University Mind Brain Research Day, virtual conference.
- Kudinova A.K., MacPherson H.A., Schettini E., **Gilbert A.C.**, Jenkins G.A., Musella K., Philip N.S. Clark L.A., Dickstein D.P. (2019, May). *Personality traits and the course of Bipolar Disorder symptoms among young adults: cross sectional and prospective approaches*. Poster presented at: The Society of Biological Psychiatry (SOBP) Annual Meeting, Chicago, IL.
- Radoeva P.D., Schettini E., Jenkins G.A., **Gilbert A.C.**, MacPherson H.A., Babcock Fenerci R., Dickstein D.P. (2019, May). *White matter correlates of cognitive flexibility in typically developing children and adolescents*. Poster presented at: The Society of Biological Psychiatry (SOBP) Annual Meeting, Chicago, IL.
- Gilbert, A.C.**, Jenkins, G.A., Schettini, E., Musella, K., MacPherson, H.A., Kim, K.L., Thomas, S.A., Dickstein, D.P. (2019, March). *Demographic and clinical differences in adolescents who engage in non-suicidal self-injury vs. those with undisclosed suicide attempts*. Poster presented at Brown University Mind Brain Research Day, Providence, RI.
- Jenkins, G. A., **Gilbert, A. C.**, Musella, K., Schettini, E., Babcock Fenerci, R. L., MacPherson, H. A., Kudinova, A., Radoeva, P., & Dickstein, D. P. (2019, March). *Reasons for self-injurious behaviors among maltreated adolescents engaged in non-suicidal self-injury vs. adolescents who have attempted suicide*. Poster presented at Brown University's Carney Institute for Brain Science's annual Mind Brain Research Day, Providence, RI.
- Kudinova, A. Y., Brick, L., Jenkins, G. A., **Gilbert, A. C.**, Barthelemy, C., DeYoung, L., MacPherson, H. A., Radoeva, P. D., Armev, M., & Dickstein, D. P. (2019, December). *Trait irritability is associated with greater levels of negative and lower levels of positive mood assessed via ecological momentary assessment technology in youth*. Poster presented at the annual meeting of the American College of Neuropsychopharmacology, Orlando, FL.
- Gilbert, A.C.**, & Andover, M.S. (2018, April). *Risk factors for suicide in a chronic pain sample*. Poster presented at the American Association of Suicidology, Annual Meeting, Washington, DC.

Awards & Scholarships

2021: Clinical Psychology Scholarship, SPU Clinical Psychology program: \$20,000
 2017: Undergraduate Research Grant, Fordham College at Rose Hill: \$3,800

Professional Affiliations & Honor Societies

2022: The Society for the Scientific Study of Sexuality
 2018: Phi Beta Kappa
 2018: Sigma Xi

Reviewer Experience

The Journal of Affective Disorders, mentored reviewer

The Journal of Clinical Psychology, mentored reviewer

The Fordham Undergraduate Research Journal, peer reviewer

Related Volunteer Experience

Digital Crisis Counselor

2020 – 2022

Summer Intern

2017

The Trevor Project

The National Alliance on Mental Illness, Seattle, WA