**KATHERINE LAVIN O’CONNELL**

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Clinical psychology doctoral student, ten-year Army veteran, and Tillman Scholar (2021) trained in research methods and evidence-based intervention and assessment specializing in trauma and suicidality in first responder and military populations.

**EDUCATION**

**Doctor of Philosophy Seattle Pacific University, Seattle, WA**

*Clinical Psychology* Clinical Research in Self-Injury and Suicide Lab

2020 – present Supervisor: Keyne C. Law, Ph.D., GPA: 4.0

**Master of Science Seattle Pacific University, Seattle, WA**

2020-2022*Psychological Sciences*

Master’s Project: Moderating roles of grit and locus of control on rumination and suicidality

**Master of Science Regent University, Virginia Beach, VA**

2018-2019 *Psychology with Doctoral Preparation concentration*

**Master of Science National Intelligence University, Washington D.C.**

2000-2003 *Strategic Intelligence*

**Bachelor of Arts Mary Baldwin College, Staunton, VA**

1993-1997 *History and International Relations*

Cum Laude, Completed with Distinction

**GRANTS, AWARDS, AND SCHOLARSHIP**

**2022** Mission Daybreak, US Department of Veteran Affairs, Suicide Prevention Grand Challenge, Phase 1 Recipient ($250,000 award/team)

**2022** Staff Sergeant Parker Gordon Fox Suicide Prevention Grant on behalf of Hold Fast(not awarded)

**2021 – 2026** Tillman Scholarship, Pat Tillman Foundation ($11,000/year)

**2020** National Military Family Association ($1,000)

**2019** SPU Clinical Psychology Scholarship, merit based ($20,000/4 years)

**2019 – 2023** Chapter 33, Post-9/11 GI Bill ($25,162/year)

**TRAININGS AND WORKSHOPS**

Sep 2022 – Pres Attachment-Based Family Therapy, Drexel University

Sep 2022 - Pres Cognitive Processing Therapy, Medical University of South Carolina

Sep 2022 Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

July – Aug 2022 Parent Child Interaction Therapy (PCIT) for Selective Mutism

July 2022 – Present Collaborative Assessment and Management of Suicidality (CAMS) Foundational Training

Jan - Feb 2022 Five-modules on Logistic Regression for Binary, Ordinal, and Multinomial Outcomes, Karen Grace-Martin, M.A.

July 2021 Wide Range Assessment of Memory and Learning – Third Edition (WRAML-3), Jennifer Puig, Ph.D.

Apr 2020 Crisis Response Planning for Suicidal Patients

Craig J. Bryan, PsyD, ABPP

**CLINICAL EXPERIENCE**

**Graduate Clinician Youth Behavioral Health Response Team (YBHRT), Department**

Nov 2022 – Jun 2023 **Health, Washington State**

**Supervisor:** Jennifer Harris, Ph.D.

**Duties:** Provide Trauma-Focused Cognitive Behavioral Training (TF-CBT) for adolescents (ages 8-17) for of individual and conjoint sessions to treat trauma.

**Camp Counselor Brave Explorers Camp**   
Jul – Aug 2022 Exposure-based camp for children diagnosed with selective mutism

**Supervisor:** Tracey Ward, Ph.D., Kaitlyn Patton, Ph.D.

**Duties:** Provide Parent Child Interaction Therapy (PCIT) for Selective Mutism. Supported clinical lead-ins to assess children’s suitability for the program. Participated as a counselor in a five-day exposure camp designed to successfully promote speech in children diagnosed with Selective Mutism and other anxiety disorders.

**Suicide Prevention Hold Fast LLC, Gloucester, VA**   
**Consultant** Veteran Work-Based Therapy Program

Feb 2022 – present **Supervisor:** Deanna Beech, Ph.D.; Keyne C. Law, Ph.D.

**Duties:** Provide Crisis Response Planning for Veterans entering the program. Train all staff on Crisis Response Planning and suicide prevention measures. Consult and work with supervisors to assess each Veteran’s level of suicidality risk.

**Psychometrician Pacific Wellness Partners, Bellevue, WA**

May 2021 – Jun 2023 **Supervisor:** Shadi Shirazi, Psy.D.

***Duties:***Administer psychological assessment tests for attention deficit hyperactivity disorder, learning disorders, and autism spectrum disorder in adults and adolescents. Includes scoring measures, drafting integrated reports and case conceptualization for diagnostics. Tests include WAIS-IV, WISC-V, WIAT-V, WRAML-2/3, TOC, SCAN, TOVA, RCFT.

**Graduate Clinician COVID-19 Frontline Healthcare Worker Study**

Nov 2020 - present **CRISIS Lab, Seattle, WA**

**Supervisor:** Keyne C. Law, Ph.D.

***Duties:***Clinical assessment of self-injury and suicide behaviors using SITBI (Nock et al., 2007) and creating individualized crisis response/safety plans, part of a research study on suicide and self-injury among frontline healthcare workers during COVID-19

**Graduate Clinician Parenting During COVID-19 Pandemic**

Nov 2020 – Mar 2021 **Child and Adolescent Lab, Seattle, WA**

**Supervisors:** Keyne C. Law, Ph.D., Jenny Vaydich, Ph.D.

***Duties:***Thirteen structured interviews exploring parenting experiences, fears, challenges, and successes during the COVID-19 pandemic

**RESEARCH EXPERIENCE**

**Veteran and Suicide Continued Service Network**

**Consultant** **Other team members:** Ajilore, O., M.D., Ph.D.; Bauer, B., Ph.D.; Capron,

Jun 2022- present D., Ph.D.; Cecchi, G, Ph.D.; Eisenlohr-Moul, T., Ph.D.; Fagan, P., MSc; Jacobson, N., Ph.D.; Leow, Al., M.D., Ph.D.; Tulabandhula, T., Ph.D.; Zulueta, J., M.D.

***Duties:*** Veteran and suicide prevention contributor to the team in Veteran Affairs’ Mission Daybreak Challenge. I serve as the sole Veteran scientist responsible for fielding ideas, contributing to the proposal, and gauging Veteran support for our peer support platform powered by artificial intelligence and machine learning to deliver solutions sent to veterans in crisis as determined through passive collection.

**Grant Coordinator Hold Fast, LLC Gloucester, VA**

Feb 2022 – Present **Supervisor:** Deanna Beech, Ph.D.

***Duties:*** Grant coordinator for the Veteran Affairs Staff Sergeant Parker Gordon Fox Suicide Prevention grant. Responsible for helping draft the grant proposal, obtain Institutional Review Board approval, and maintain and report results of baseline and pre-and post-program assessments measuring wellness and suicidality outcomes following intensive nature-immersion, community-led, work-based Veteran program.

**Ecology Team Co-Lead Clinical Research in Self-Injury and Suicide Lab**

Sep 2020 - Present **Supervisor:** Keyne C. Law, Ph.D.

***Duties:***Collect publicly available data for analysis of macro ecological factors association with suicidality, such as public health, socioeconomic, education and environmental influences

**Graduate Research Assistant Clinical Research in Self-Injury and Suicide Lab**  
Sep 2020 – August 2021 **Supervisor:** Keyne C. Law, Ph.D.

***Duties***: Collaboratively assembled supporting materials for research project proposal for the American Foundation for Suicide Focus (AFSP) Grant, cleaned data, conducted literature reviews, and collected publicly available data

**PUBLISHED MANUSCRIPTS (4)**

**O’Connell, K. L.,** Jacobson, S. V., Ton, A. T., & Law, K. C. (2022). Association between race and socioeconomic factors and suicide-related 911 call rate. *Social Science & Medicine, 306,* 115106. <https://doi.org/10.1016/j.socscimed.2022.115106>

Marks, R.B., Wee, J.Y., Jacobson, S.V., Hashimoto, K., **O’Connell, K.L.**, Golden, S.A., Baker, P.M., & Law, K.C. (2022). The role of the lateral habenula in suicide: A call for further exploration. *Frontiers in Behavioral Neuroscience,* <https://doi.org/10.3389/fnbeh.2022.812952>

Moreira, N., **O’Connell, K.L.,** Wee, J.Y., Lin, Y.C., Marks, R.B., Jacobson, S.V., Hassler, M., Layton, J.L., O’Boyle, M., Hashimoto, K.H., Ton, A.T., & Knight, J., Law, K.C. (in press). A qualitative examination of mental health needs and managing suicide risk in COVID-19 frontline medical professionals. *Inquiries Journal.*

Lin, Y.-C., Wee, J.Y., M., Marks, R., **O’Connell, K. L**., Hassler, M., & Law, K.C. (2022). Shame-proneness and suicidal ideation: The role of depressive and anger rumination. *Journal of Affective Disorders Reports, 7,* <https://doi.org/10.1016/j.jadr.2021.100303>

**MANUSCRIPTS UNDER REVIEW (5)**

Jacobson, S.V., **O’Connell, K.L.,** Eckert, S.R., Anestis, M.D., & Law, K.C. (Under Review). Emotion dysregulation moderates distress tolerance and suicide plans in military service members.

Law, K.C., Wee, J.Y., **O’Connell, K.L.**, Moreira, N., Rogers, M.L., Preston, O, & Anestis, J.C. (Under Review). The impact of neurobehavioral symptom clusters on suicidal ideation and perceived likelihood of future suicidality.

Lin, Y.-C., **O’Connell, K.L.**, & Law, K. C. (Under Review) Moderating roles of grit and locus of control on rumination and suicidality.

**O’Connell, K.L.,** Hassler, M., Moreira, N., Barnette, B., Gilbert, A., Widman, C., & Law, K.C. (Under Review). Do crisis details differentiate suicide-related 911 call outcomes?

Vaydich, J. L., Anderson, E. K., **O’Connell, K.L.,** Moreira, N., Deonier, C. F. (Under review). Parenting in the time of the COVID-19 pandemic: A qualitative account of parents’ stressors, concerns, and experiences.

**MANUSCRIPTS IN PREPARATION (1)**

Law, K.C., **O’Connell, K.L.,** Jacobson, S.V., Baker, P., & Tull, M. T. (In Preparation). Comparing acute changes in cortisol in response to trauma memories and its effect on risky decision making in individuals with and without a history of suicide.

**CONFERENCE PRESENTATIONS (21)**

Moreira, N., **O’Connell, K.L.,** Marks, R.B., Tavakoli, L., Law, K.L. (2023, March) Dying in Texas custody: Examining static and dynamic risk factors in forensic female suicide deaths. Data blitz submitted for presentation presented at the annual 2023 American Psychological-Law Society’s conference, Philadelphia, PA.

Moreira, N., **O’Connell, K.L.,** Marks, R.B., Hearne, A. (2022, November) Location Matters: ICE facility violations and local geographical impact on detention suicide deaths. Poster to be presented at the 2022 American Behavioral Cognitive Therapist Conference, New York City, NY.

**O'Connell, K.L.** & Moreira, N. (2022, June). Post-psychiatric hospitalization suicide interventions for veterans and active duty servicemembers: A systematic literature review. Poster presented at the 1st Annual Suicide Research Symposium.

Jacobson, S.V., **O’Connell, K.L.,** Eckert, S.R., Anestis, M.D., & Law, K.C. (2022, June). Emotion Regulation and Distress Tolerance Moderate Borderline Personality Symptoms and Suicide Plans in Military Veterans.  Paper presented at the 1st Annual Suicide Research Symposium.

Marks, R.B., Wee, J.Y., Jacobson, S.V., Hashimoto, K., **O’Connell, K.L.,** Golden, S.A., Baker, P.M., & Law, K.C. (2022, June). The role of the lateral habenula in suicide: A call for further exploration. Frontiers in Behavioral Neuroscience, <https://doi.org/10.3389/fnbeh.2022.812952>. Paper presented at the 1st Annual Suicide Research Symposium.

**O'Connell, K.L.** & Moreira, N. (2022, May). Post-psychiatric hospitalization suicide interventions for veterans and active duty servicemembers: a systematic literature review. Poster presented at Seattle Pacific University, School of Psychology and Family Community (SPFC) Conference.

**O’Connell, K.L.,** Barnette, B., Law, K.C., & Anestis, M. (2022, March). The duality of grit in U.S. servicemembers. Poster presented at the 62nd International Military Testing Association Conference, Raleigh, North Carolina.

Moreira, N., **O’Connell, K.L.,** Wee, J.W., Lin, Y.-C., Marks, R.B., Jacobson, S.V., Hassler, M., O’Boyle, M., Layton, J.L., Hashimoto, K., Ton, A.T., Knight, J., & Law, K.C. (2021, October) A Qualitative Examination of Mental Health Needs and Managing Suicide Risk in Frontline Medical Professionals During the COVID-19 Pandemic. Poster presented at the IASR/AFSP International Summit on Suicide Research, Barcelona, Spain.

Law, K.C., **O'Connell, K.L.**, Jacobson, S.V., Baer, M., Baker, P., Gratz, K.L., Tull, M. (2021, November). Influences of Reward Responsiveness, Sleep, and Cortisol Reactivity on Suicide. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Law, K. C., Wee, J. Y., **O’Connell, K. L.**, Moreira, N. L., Preston, O. C., Rogers, M. L., Anestis, J. (2021, November) The Multifinality of Traumatic Brain Injury: Suicide Risk Associated With Symptom Clusters. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Wee, J. Y., **O’Connell, K. L.**, Johnson, B. D., Knight, J. E., Estrella, L. N., Law, K. C. (2021, November) Influence of Emotional Regulation on the Association Between Pain Tolerance and Acquired Capability for Suicide. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Lin, Y.-C., Quan, S., Wee, J. Y., **O’Connell, K. L.,** Gu, J., & Law, K. C. (2021, November). Somatization and suicidal ideation in an Asian American sample: the moderating role of shame. Poster accepted for presentation at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA

Marks, R. B., Lin, Y.-C., Moreira, N., **O'Connell, K. L.**, & Law, K. C. (2021, November). The role of liability considerations in mental health clinicians' treatment of suicidal patients. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Moreira, N., **O’Connell, K.L.**, Marks, R.B., Law, K.C. (2021, November) Women locked up in Texas: Predicting suicide risk by custody type and nature of offense. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

**O'Connell, K.L**., Jacobson, S.V., Ton, A., & Law, K.C. (2021, November). Whose Gonna Call? Demographic Disparities Influence Suicidal Help-Seeking. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Moreira, N., **O’Connell, K.L.,** Marks, R.B., Law, K.C. (2021, May) Women Locked up in Texas: Predicting Suicide Risk by Custody Type and Nature of Offense. Paper accepted for presentation at the SPFC Research Conference, Virtual Conference.

Lin, Y.C., **O’Connell, K.L.,** & Law, K.C. (2021, April). Moderating roles of grit and locus of control on rumination and suicide. Paper presented at the 54th Annual meeting of the American Association of Suicidology, Orlando, Florida.

Lin, Y., **O’Connell, K.,** Marks, R., Wee, J. W., Hassler, M., & Law, K. C. (2021, April). Components of anger rumination as mediators between shame-proneness and suicidal ideation. Poster presented at the 54th Annual meeting of the American Association of Suicidology, Orlando, Florida.

**O'Connell, K.L**., Hassler, M., & Law, K.C. (2021, April) Call 911: Suicidal individuals’ help-seeking means as associated with their outcomes. Poster presented at the 54th Annual meeting of the American Association of Suicidology, Orlando, Florida.

Lin, Y.-C., **O’Connell, K.L.**, & Law, K. C. (2021, April). Moderating roles of grit and locus of control on rumination and suicidality. Paper to be presented at the 54th Annual meeting of the American Association of Suicidology, Orlando, Florida.

Lin, Y.-C., **O’Connell, K.L.**, Marks, R., Wee, J. W., Hassler, M., & Law, K. C. (2021, April).

Components of anger rumination as mediators between shame-proneness and suicidal ideation. Poster to be presented at the 54th Annual meeting of the American Association of Suicidology, Orlando, Florida.

**REVIEWER EXPERIENCE**

Current Psychology*, mentored reviewer*

Anxiety, Stress, and Coping, *mentored reviewer*

Suicide and Life-Threatening Behavior, *mentored reviewer*

**UNDERGRADUATE STUDENT MENTORING**

Lakshmi Chennapragada (2021 – present)

Andrew Ton (2021)

Molly Hassler (2020-2021)

**PROFESSIONAL AND HONOR SOCIETIES**

2022 – present American Academy of Clinical Neuropsychology

2021 - presentAPA Division 19: Society for Military Psychology (Student Affiliate)

2020 – present APA Division 12: Society of Clinical Psychology (Student Affiliate)

2020 – 2021 American Association of Suicidology (Member)

2008 – present Joint Special Operations Association (Member)

2004 – present Veteran of Foreign Wars (#9248193)

**FIRST CAREER HIGHLIGHTS**

**Science Applications International Corporation,** Central Command Tampa, FL | 2011

Senior Intelligence Specialist | Strategic Analysis – Publications – Briefing – HVT Intelligence Support

**Naval Special Warfare Development Group** Virginia Beach, VA | 2008-2011

Intelligence Specialist (GS-13) | Targeting– Briefing – Exploitation – Deployment operations

**Flight Concepts Division** Fort Eustis, VA | 2003-2008

Intelligence Analyst (SFC/E-7) | Research Support - Briefing – Deployment operations

**Defense Intelligence Agency** Washington, D.C. | 2000-2003

Intelligence Analyst (SSG/E-6) | Strategic Analysis – Briefing – Collection – Detention operations

**HHC, 1st Armored Division** Bad Kreuznach, Germany | 1998 - 2000

Intelligence Analyst (SGT/E-5) | Analysis – Personnel and Information Security