

Anna C. Gilbert, B.S.  
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### Education

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**Doctor of Philosophy**  
Clinical Psychology  
2021-Present

**Seattle Pacific University**, Seattle, WA  
*Clinical Research in Self-Injury & Suicide (CRISIS) Lab*  
Supervisor: Keyne C. Law, Ph.D.

**Bachelor of Science**  
Psychology  
2014-2018

**Fordham University**, Bronx, NY  
Honor's Thesis: *Pain-related Risk Factors for Suicide in a Chronic Pain Sample*  
Supervisor: Margaret S. Andover, Ph.D.  
*Summa Cum Laude*

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### Research Experience

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**Graduate Student**  
2021 – present

**CRISIS Lab**  
Seattle Pacific University  
Principal Investigator: Keyne C. Law, Ph.D.  
Duties: Data collection, analysis, and collaboration on research projects and papers related to suicide and self-injury; Co-leading a research team dedicated to examining ecological risk factors for suicide; Conducting semi-structured interviews (e.g., SITBI) and assessments (e.g., MINI) to determine study eligibility.

**Clinical Research Assistant**  
2018-2020

**Pediatric Mood, Imaging, and NeuroDevelopment Lab**  
Bradley Hospital/Warren Alpert Medical School of Brown University  
Principal Investigator: Daniel P. Dickstein, M.D.  
Duties: Responsible for participant recruitment for several R01 grant-funded studies examining self-injury and suicide, irritability, and bipolar disorder in children and adolescents; Administering components of the intake process, such as semi-structured interviews (e.g., SITBI, C-SSRS) and assessments (e.g., WASI-II); Administering computer-based cognitive tasks; Assisting in the fMRI process with Level II safety training certification; Extracting social media data using Python; Scheduling and administering follow-up appointments.

**Undergraduate Research Assistant**  
2015-2018

**Mood and Behaviors Lab**  
Fordham University  
Principal Investigator: Margaret S. Andover, Ph.D.  
Duties: Assisting in data collection through semi-structured interviews (e.g., SITBI) and BIOPAC software; Coding and cleaning data.

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### Manuscripts in Press

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Babcock Fenerci, R. L., Jenkins, G. A., **Gilbert, A. C.**, Schettini, E., Musella, K., MacPherson, H., Kim, K. L., Kudinova, A. Y., Radoeva, P. D., & Dickstein, D. P. (2022). Maltreatment history and reasons for self-injurious behavior among adolescents engaged in non-suicidal self-injury versus adolescents who attempted suicide. *Suicide & Life-Threatening Behavior*, 10.1111/sltb.12887. Advance online publication. <https://doi.org/10.1111/sltb.12887>

Kudinova, A.Y., Brick, L., Barthelemy, C.M., MacPherson, H., Jenkins, G.A., DeYoung, L.L., **Gilbert, A.C.**, Radoeva, P., Kim, K.L., Armev, M., & Dickstein, D.P. (2022). Sex assigned at birth and age moderate the

trajectory of guilt among children and adolescents with and without recent suicidal ideation. *Cognition and Emotion*, 36(3), 512-526. <https://doi.org/10.1080/02699931.2022.2029359>

Dickstein, D., Barthelemy, C.M., Jenkins, G.A., DeYoung, L., **Gilbert, A.C.**, Radoeva, P., Kim, K.L., & MacPherson, H. (2021). This Is Your Brain on Irritability: A Clinician's Guide to Understanding How We Know What We Know Now, and What We Need to Know in the Future, About Irritability in Children and Adolescents. *Child and adolescent psychiatric clinics of North America*, 30(3), 649-666. <https://doi.org/10.1016/j.chc.2021.04.013>

MacPherson, H., Kudinova, A.Y., Jenkins, G.A., Kim, K.L., Radoeva, P., **Gilbert, A.C.**, Barthelemy, C.M., DeYoung, L., Yen, S., Hower, H., Hunt, J., Keller, M., & Dickstein, D. (2021). Facial emotion recognition and mood symptom course in young adults with childhood-onset bipolar disorder. *European Archives of Psychiatry and Clinical Neuroscience*, 271, 1393 - 1404. <https://doi.org/10.1007/s00406-021-01252-0>

MacPherson, H., Kudinova, A.Y., Schettini, E., Jenkins, G.A., **Gilbert, A.C.**, Thomas, S.A., Kim, K.L., Radoeva, P., Fenerci, R.L., Yen, S., Hower, H., Hunt, J., Keller, M., & Dickstein, D. (2021). Relationship between cognitive flexibility and subsequent course of mood symptoms and suicidal ideation in young adults with childhood-onset bipolar disorder. *European Child & Adolescent Psychiatry*, 1-14. <https://doi.org/10.1007/s00787-020-01688-0>

**Gilbert, A.C.**, DeYoung, L.L., Barthelemy, C.M., Jenkins, G.A., MacPherson, H.A., Kim, K.L., Kudinova, A.Y., Radoeva, P.D., & Dickstein, D.P. (2020) The Treatment of Suicide and Self-Injurious Behaviors in Children and Adolescents. *Current Treatment Options in Psychiatry*, 7, 39–52. <https://doi.org/10.1007/s40501-020-00201-3>

Radoeva, P.D., Jenkins, G.A., Schettini, E., **Gilbert, A.C.**, Barthelemy, C.M., DeYoung, L.L., Kudinova, A.Y., Kim, K.L., MacPherson, H.A., & Dickstein, D.P. (2020). White Matter Correlates of Cognitive Flexibility in Youth with Bipolar Disorder and Typically Developing Children and Adolescents. *Psychiatry Research: Neuroimaging*, 305. <https://doi.org/10.1016/j.psychresns.2020.111169>

Kim, K.L., Galione, J., Schettini, E., DeYoung, L.L., **Gilbert, A.C.**, Jenkins, G.A., Barthelemy, C.M., MacPherson, H.A., Radoeva, P., Kudinova, A.Y., & Dickstein, D.P. (2020). Do styles of emotion dysregulation differentiate adolescents engaging in non-suicidal self-injury from those attempting suicide? *Psychiatry Research*, 291. <https://doi.org/10.1016/j.psychres.2020.113240>

Kudinova, A.Y., MacPherson, M.A., Musella, K., Schettini, E., **Gilbert, A.C.**, Jenkins, G.A., Clark, L., Dickstein, D.P. (2020). Maladaptive personality traits and the course of suicidal ideation in young adults with bipolar disorder: Cross-sectional and prospective approaches. *Suicide & Life-Threatening Behavior*, 10. <https://doi.org/10.1111/sltb.12684>

Kudinova, A.Y., MacPherson, H., Schettini, E., **Gilbert, A.C.**, Jenkins, G.A., Musella, K., Philip, N., Clark, L., & Dickstein, D. (2019). S142. Personality Traits and the Course of Bipolar Disorder Symptoms Among Young Adults: Cross Sectional and Prospective Approaches. *Biological Psychiatry*, 85. <https://doi.org/10.1016/j.biopsych.2019.03.893>

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### Poster Presentations

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Radoeva, P. D., Barthelemy, C., Jenkins G., **Gilbert, A. C.**, DeYoung, L., MacPherson, H. A., Kim, K. L., & Dickstein, D. P. (2020, October). *Association between depressive symptoms and social responsiveness*. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, virtual conference.

- Gilbert, A.C.**, Jenkins, G., DeYoung, L., Jenkins, G.A., Barthelemy, C.M., MacPherson, H.A., Kim, K.L., Radoeva, P.D., & Dickstein, D.P. (2020, March). *Demographic and family-based predictors of future inpatient psychiatric care in a sample of adolescents engaging in non-suicidal self-injury*. Poster presented at Brown University Mind Brain Research Day, virtual conference.
- Kudinova A.K., MacPherson H.A., Schettini E., **Gilbert A.C.**, Jenkins G.A., Musella K., Philip N.S. Clark L.A., Dickstein D.P. (2019, May). *Personality traits and the course of Bipolar Disorder symptoms among young adults: cross sectional and prospective approaches*. Poster presented at: The Society of Biological Psychiatry (SOBP) Annual Meeting, Chicago, IL.
- Radoeva P.D., Schettini E., Jenkins G.A., **Gilbert A.C.**, MacPherson H.A., Babcock Fenerci R., Dickstein D.P. (2019, May). *White matter correlates of cognitive flexibility in typically developing children and adolescents*. Poster presented at: The Society of Biological Psychiatry (SOBP) Annual Meeting, Chicago, IL.
- Gilbert, A.C.**, Jenkins, G.A., Schettini, E., Musella, K., MacPherson, H.A., Kim, K.L., Thomas, S.A., Dickstein, D.P. (2019, March). *Demographic and clinical differences in adolescents who engage in non-uicidal self-injury vs. those with undisclosed suicide attempts*. Poster presented at Brown University Mind Brain Research Day, Providence, RI.
- Jenkins, G. A., **Gilbert, A. C.**, Musella, K., Schettini, E., Babcock Fenerci, R. L., MacPherson, H. A., Kudinova, A., Radoeva, P., & Dickstein, D. P. (2019, March). *Reasons for self-injurious behaviors among maltreated adolescents engaged in non-suicidal self-injury vs. adolescents who have attempted suicide*. Poster presented at Brown University's Carney Institute for Brain Science's annual Mind Brain Research Day, Providence, RI.
- Kudinova, A. Y., Brick, L., Jenkins, G. A., **Gilbert, A. C.**, Barthelemy, C., DeYoung, L., MacPherson, H. A., Radoeva, P. D., Arney, M., & Dickstein, D. P. (2019, December). *Trait irritability is associated with greater levels of negative and lower levels of positive mood assessed via ecological momentary assessment technology in youth*. Poster presented at the annual meeting of the American College of Neuropsychopharmacology, Orlando, FL.
- Gilbert, A.C.**, & Andover, M.S. (2018, April). *Risk Factors for suicide in a chronic pain sample*. Poster presented at the American Association of Suicidology, Annual Meeting, Washington, DC.

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### Awards & Scholarships

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2021: Clinical Psychology Scholarship, SPU Clinical Psychology program: \$20,000  
 2017: Undergraduate Research Grant, Fordham College at Rose Hill: \$3,800

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### Reviewer Experience

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*The Fordham Undergraduate Research Journal*, peer reviewer

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### Related Volunteer Experience

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#### Digital Crisis Counselor

2020 – 2022

#### Summer Intern

2017

#### Trevor Project

National Alliance on Mental Illness, Seattle, WA