

SAMANTHA V. JACOBSON, M.S.

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EDUCATION

Ph.D., Clinical Psychology Expected 2024

Seattle Pacific University | Seattle, WA

Advisor: Keyne C. Law, Ph.D.

Dissertation: Impact of DBT Skills Training Modules on Suicidal Ideation, Internalized Stigma, and Community Connectedness in LGBTQ+ Adults

M.S., Psychological Science 2021

Seattle Pacific University | Seattle, WA

Advisor: Thane M. Erickson, Ph.D.

Thesis: Obsessive-compulsive Symptoms and Distress: The Mediating Effects of Social Cognition about Morality

B.A., Psychology (Magna Cum Laude) 2019

Seattle Pacific University | Seattle, WA

Advisor: Mícheál D. Roe, Ph.D.

GRANT FUNDING AND FELLOWSHIPS

FUNDED:

1. **Mamie Phipps Clark Diversity Research Grant, Psi Chi Honors Society** 2022
“Effects of Dialectical Behavior Therapy Skills Modules on Suicidal Ideation, Internalized Homophobia, and Community Connectedness in LGBTQ+ Adults”
Role: Principal Investigator Amount Awarded: \$1,500
2. **Psychological Science Research Grant, American Psychological Association** 2022
“Impacts of DBT Skills Modules on Suicide Risk, Internalized Homophobia, and Community Connectedness in LGBTQ+ Adults”
Role: Principal Investigator Amount Awarded: \$1,000
3. **Collaborative Research Fellowship, International Society for the Study of Self-Injury** 2022
Mentor: Marc Wilson, Ph.D., Victoria University of Wellington

NOT FUNDED:

1. Wayne F. Placek Grant (\$9,000), *American Psychological Foundation*
2. Graduate Student Research Grant (\$2,000), *Society for the Scientific Study of Sexuality*
3. Student Fellowship, (\$19,000), *Point Foundation*

HONORS, AWARDS & SCHOLARSHIPS

Merit Scholarship (\$20,000), *SPU Clinical Psychology program* 2019
Graduate Research Assistantship (\$2,100), *Seattle Pacific University* 2019
Philip Ashton Award (\$1,600), *Seattle Pacific University Undergraduate Psychology* 2019
Psi Chi International Honors Society 2018
President’s List, *Seattle Pacific University Undergraduate Psychology* 2018
Dean’s List, *Seattle Pacific University Undergraduate Psychology* 2017 – 2019

RESEARCH CONTRIBUTIONS

PEER REVIEWED PUBLISHED MANUSCRIPTS

**Undergraduate student I mentored:*

1. Erickson, T.M., **Jacobson, S.V.**, Banning, R.L., Quach, C.M., & Reas, H.E. (2021). Big five traits and interpersonal goals during stressors as predictors of hair cortisol. *Comprehensive Psychoneuroendocrinology*, 8, 100084. <https://doi.org/10.1016/J.CPNEC.2021.100084>
2. O'Connell, K.L., **Jacobson, S.V.**, *Ton, A.T., & Law., K.C. (2022). Association between race and socioeconomic factors and suicide-related 911 call rate. *Social Science & Medicine*, 306, 115106. <https://doi.org/10.1016/j.socscimed.2022.115106>
3. Marks, R.B., Wee, J.Y., **Jacobson, S.V.**, Hashimoto, K.H., O'Connell, K.L., Baker, P.M., Golden, S.A., & Law, K.C. (2022). The Role of the Lateral Habenula in Suicidality: A Call for Further Exploration. *Frontiers in Behavioral Neuroscience*, 16, 812952. <https://doi.org/10.3389/fnbeh.2022.812952>
4. **Jacobson, S.V.**, Inabata, R.S., & Erickson, T.M. (2022). Obsessive-compulsive Symptoms and Distress: The Mediating Effects of Social Cognition about Morality. *Journal of Obsessive-Compulsive and Related Disorders*, 32, 100754. <https://doi.org/10.1016/j.jocrd.2022.100754>
5. Moreira, N., O'Connell, K.L., Wee, J.Y., Lin, Y.C., Marks, R.B., **Jacobson, S.V.**, Hassler, M., Layton, J.L., O'Boyle, M., Hashimoto, K.H., Ton, A.T., & Knight, J., Law, K.C. (in press). A qualitative examination of mental health needs and managing suicide risk in COVID-19 frontline medical professionals. *Inquiries Journal*.

MANUSCRIPTS UNDER PEER REVIEW

**Undergraduate student I mentored:*

1. **Jacobson, S.V.**, Marks, R.B., & Law, K.C. (under review). Roles of Emotion Regulation Difficulties and Self-Injury in the Acquired Capability for Suicide. *Archives of Suicide Research*.
2. **Jacobson, S.V.**, O'Connell, K.L., Eckert, S.R., Anestis, M.D., & Law, K.C. (under review). Emotion Dysregulation Moderates Distress Tolerance and Suicide Plans in Military Service Members. *Psychological Services*.
3. **Jacobson, S.V.**, Gilbert, A.C., O'Loughlin, C.M., *Widman, C., Law, K.C., & Ammerman, B.A. (under review). Effects of Sexual Orientation and NSSI Severity on Suicide Risk. *Journal of Psychiatric Research*.

MANUSCRIPTS IN PREPARATION

**Undergraduate student I mentored:*

1. **Jacobson, S.V.**, Marks, R.B., Lin, Y-C., Barnette, B.H., & Law, K.C. (in preparation). *LGBTQ+ Identity, Experiences of Bullying, and Weapon Carrying Influence Suicide Attempts in a National Youth Sample*.
2. Gilbert, A.C., **Jacobson, S.V.**, Law, K.C., & Ammerman, B.M. (in preparation). *Impacts of NSSI and Sexual Victimization on Sexual Orientation and Suicide Risk*.

3. Law, K.C., O'Connell, K.L., **Jacobson, S.V.**, Baer, M.M., Baker, P.M., Gratz, K.L., & Tull, M.T. (in preparation). *Effects of Sleep, Cortisol, and Risky Decision Making on Suicide*.

CONFERENCE PRESENTATIONS

*Undergraduate student I mentored:

1. **Jacobson, S.V.**, Gilbert, A.C., O'Loughlin, C.M., *Widman, C., Law, K.C., & Ammerman, B.A. (2022, November). *Effects of Sexual Orientation and NSSI Severity on Suicide Risk*. Poster accepted to the 27th Annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISIT DBT), New York.
2. Inabata, R.S., **Jacobson, S.V.**, & Erickson, T.M. (2022, July). *Obsessive-Compulsive Symptoms and Distress in Daily Life: Mediating Effects of Morality Self-Perceptions*. Poster presented at the annual meeting of the International OCD Foundation (IOCDF).
3. Marks, R.B., Wee, J.Y., **Jacobson, S.V.**, Hashimoto, K.H., O'Connell, K.L., Baker, P.M., Golden, S.A., & Law, K.C. (2022, June). *The Role of the Lateral Habenula in Suicidality: A Call for Further Exploration*. Paper presented at the inaugural meeting of the Suicide Research Symposium, Virtual.
4. **Jacobson, S.V.**, O'Connell, K.L., Eckert, S.R., Anestis, M.D., & Law, K.C. (2022, June). *Distress Tolerance and Emotion Dysregulation Moderate Borderline Personality Symptoms and Suicide Plans in Military Veterans*. Paper presented at the inaugural meeting of the Suicide Research Symposium, Virtual.
5. *Hassler, M.E., *Widman, C., **Jacobson, S.V.**, Lin, Y.-C., & Law, K.C. (2022, June). *Distress Tolerance Mediates the Relationship Between Emotion Dysregulation and Suicidal Behavior in Undergraduate College Students*. Poster presented at the inaugural meeting of the Suicide Research Symposium, Virtual.
6. **Jacobson, S.V.**, Gilbert, A.C., O'Loughlin, C.M., *Widman, C., Law, K.C., & Ammerman, B.A. (2022, May). *Effects of Sexual Orientation and NSSI Severity on Suicide Risk*. Paper presented at the Annual Conference of the School of Psychology, Family, and Community, Seattle Pacific University, Seattle, WA.
7. **Jacobson, S.V.**, Inabata, R.S., & Erickson, T.M. (2022, May). *Obsessive-Compulsive Symptoms and Distress in Daily Life: Mediating Effects of Morality Self-Perceptions*. Paper presented at the Annual Conference of the School of Psychology, Family, and Community, Seattle Pacific University, Seattle, WA.
8. *Hassler, M.E., *Widman, C., **Jacobson, S.V.**, Lin, Y.-C., & Law, K.C. (2022, May). *Distress Tolerance Mediates the Relationship Between Emotion Dysregulation and Suicidal Behavior in Undergraduate College Students*. Poster presented at the Annual Conference of the School of Psychology, Family, and Community, Seattle Pacific University, Seattle, WA.
9. **Jacobson, S.V.**, Marks, R.B., *Hassler, M.E., & Law, K.C. (2021, May). *Methods of Self-Injury Mediate Emotion Dysregulation and Acquired Capability for Suicide*. Paper presented at the Annual Conference of the School of Psychology, Family, and Community, Seattle Pacific University, Seattle, WA.
10. **Jacobson, S.V.**, Eckert, S.R., Anestis, M.D., & Law, K.C. (2021, November). *Emotion Dysregulation and Distress Tolerance Moderate Borderline Personality Symptoms and Suicide Plans in Military Veterans*. Poster presented at the 26th Annual meeting of the

International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISIT DBT), Virtual.

11. **Jacobson, S.V.**, Inabata, R.S., & Law, K.C. (2021, November). *Emotion Dysregulation and Distress Tolerance Moderate Borderline Personality Features and NSSI Method Versatility*. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual.
12. O'Connell, K.L., **Jacobson, S.V.**, *Ton, A.T., & Law., K.C. (2021, November). *Whose Gonna Call? Demographic Disparities Influence Suicidal Help-Seeking*. Poster accepted for presentation at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual.
13. Law, K.C., O'Connell, K.L., **Jacobson, S.V.**, Baer, M.M., Baker, P.M., Gratz, K.L., & Tull, M.T. (2021, November). *Influences of Reward Responsiveness, Sleep, and Cortisol on Suicidality*. Poster accepted for presentation at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual.
14. Law, K.C., Moreira, N., O'Connell, K.L., Wee, J.W., Lin, Y.-C., Marks, R.B., **Jacobson, S.V.**, *Hassler, M., O'Boyle, M., Layton, J.L., Hashimoto, K., *Ton, A.T., *Knight, J. (2021, October). *A Qualitative Examination of Mental Health Needs and Managing Suicide Risk in Frontline Medical Professionals During the COVID-19 Pandemic*. Poster presented at the IASR/AFSP International Summit on Suicide Research, Virtual.
15. **Jacobson, S.V.**, Marks., R., *Hassler, M.E., & Law, K.C. (2021, April). *Self-Injury Types Mediate Emotion Dysregulation and Acquired Capability for Suicide*. Poster presented at the 54th annual conference of the American Association of Suicidology.
16. Marks, R., Lin, Y.-C., Gu, J., Wee, J., **Jacobson, S.V.**, & Law, K.C. (2020, November). *Non-Suicidal Self Injury in Asian Americans: Shame as a Potential Moderator*. Poster presented at the 54th annual conference of the Association for Behavioral and Cognitive Therapies.
17. Lin, Y.-C., Marks, R., Gu, J., Wee, J., **Jacobson, S.V.**, & Law, K.C. (2020, November). *Thwarted Belongingness, Perceived Burdensomeness, and Suicide Ideation Among Asian Americans: A Study of Shame as a Mediator*. Poster presented at the at the 54th annual conference of the Association for Behavioral and Cognitive Therapies.
18. Erickson, T.M., **Jacobson, S.V.**, Banning, R., Reas, H., & Quach, C. (2020, June). *Interpersonal Goals Amplify Effects of Neuroticism on Hair Cortisol*. Poster presented at the at the 23rd annual conference of the Society for Interpersonal Theory and Research, Seattle, WA. (Conference canceled)
19. Erickson, T.M., **Jacobson, S.V.**, Banning, R., Stebbins, O. L. & Carpenter, T. (2020, March). *Implicit and Explicit Anxiety Differentially Predict Social Processes in Daily Life*. Poster presented at the annual conference of the Anxiety and Depression Association of America, San Antonio, TX. (Conference canceled)
20. **Jacobson, S.V.**, DeVere, J., Grigg, M., Logue, M., Scarbrough, L., and Roe, M.D. (2019, May). *Stability of Moral Traits (Justice and Humanity) in Emerging Adults: A longitudinal study*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.
21. **Jacobson, S.V.**, DeVere, J., Grigg, M., Logue, M., Scarbrough, L., and Roe, M.D. (2019, May). *Character prospection and spirituality in emerging adults: A longitudinal study*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.

22. **Jacobson, S.V.**, Grigg, M.R., Isenberg, N., Logue, M.A., Tanzy, K.S., Weinbeck, N., & Roe, M.D. (2019, May). *Predictors of Quality of Life in Independently Living Older Adults: A Quantitative Replication of Weinstock & Bond (2018)*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.
23. **Jacobson, S.V.**, Grigg, M.R., Isenberg, N., Logue, M.A., Tanzy, K.S., Weinbeck, N., & Roe, M.D. (2019, May). *Images of aging and positive affect in independently living older adults: An update*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.
24. O'Brien, D., Anderson, J., Grigg, M., **Jacobson, S.**, Isenberg, N., Tanzy, K., Van Baak, N., Weinbeck, N., Roe, M.D. (2018, May). *Images of aging, well-being, and life satisfaction among independently living older adults*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.

PUBLICATIONS FOR LAY AUDIENCES

1. **Jacobson, S.V.** (2022). How to Support Someone with PTSD. *Choosing Therapy*.

CLINICAL EXPERIENCE

Advanced Practicum Therapist

2021 – present

Dialectical Behavior Therapy (DBT) Program | The Seattle Clinic

Individual Full-Model Comprehensive DBT

Supervisors: *Liz LoTempio, Psy.D., Erin Miga, Ph.D., & Jared Michonski, Ph.D.*

Providing full-model comprehensive DBT to individuals ages 14 – 24 with suicidality and NSSI. Common diagnoses include BPD, PTSD, eating disorders, mood disorders, and anxiety disorders. Administering the LRAMP to assess suicide risk, structured diagnostic interviews, GAD-7, PHQ-9, and PCL-5. Providing 24/7 phone coaching for clients to generalize skillful behavior and reduce use of emergency services. Attending weekly DBT consultation team to increase treatment adherence and prevent burnout.

Adolescent Multi-Family DBT Skills Group

Supervisor: *Liz LoTempio, Psy.D.*

Served as co-leader then leader for weekly DBT skills groups of adolescents ages 13 – 18 and their parent(s) including mindfulness practice, teen homework review, and skills didactics. Adolescents are part of the comprehensive DBT program receiving treatment for emotion dysregulation, mood and anxiety disorders, eating disorders, and traumatic stressor disorders.

Eating Disorder Consultation Team

Supervisors: *Peter Doyle, Ph.D., & Liz LoTempio, Psy.D.*

Weekly consultation team for therapists using Cognitive Behavior Therapy Enhanced (CBT-E) and Family-Based Therapy (FBT) to treat clients with eating disorders (binge eating, anorexia nervosa, bulimia nervosa, and avoidant-restrictive food intake).

DBT-Informed Couples Therapy

Supervisor: *Erin Miga, Ph.D.*

Co-leading a group with 6 couples using a DBT informed approach, incorporating the High Conflict Couple approach from Dr. Alan Fruzzetti. Adapting the group curriculum to provide skills training to individual couples.

Advanced Practicum Therapist
The Affirmative Collective | Seattle, WA

2021 – present

Individual Evidence-Based Therapy

Supervisor: Keyne Law, Ph.D.

Expanding access to justice-centered evidence-based treatment for clients ages 14 – 32. Providing Cognitive Behavior Therapy (CBT), Cognitive Processing Therapy (CPT), Exposure and Response Prevention (ERP), Cognitive-Behavior Therapy Enhanced (CBT-E) and Family Based Therapy (FBT) to treat Gender Dysphoria, mood disorders, anxiety disorders, traumatic stress disorders, OCD, and eating disorders. Administering Y-BOCS, CAPS-5, EDE-Q, BAARS-IV, GAD-7, ASRS, PHQ-9, and LRAMP assessments along with structured diagnostic interviews.

Pre-surgical Evaluations for Gender Affirming Surgeries

Supervisor: Keyne Law, Ph.D.

Providing independent assessment of readiness for gender affirming surgery to trans and gender nonconforming individuals. Utilizing structured diagnostic interviews and self-report measures to determine medical necessity of and psychological safety for surgery.

Adolescent ADHD Assessment

Supervisor: Keyne Law, Ph.D.

Administering the Delis-Kaplan Executive Function System (D-KEFS), Wechsler Intelligence Scale for Children (WISC-V) and Wechsler Individual Achievement Test (WIAT-4) to adolescents ages 14 – 16, and the Conners Comprehensive Behavior Rating Scales (Conners CBRS), and Behavior Assessment System for Children (BASC) to their parents to assess for the presence of ADD and ADHD.

Advanced Practicum Therapist
Sydney Rose Counseling | Kirkland, WA

2021 – 2022

Coping with Cancer Skills Group

Supervisors: Sydney Eckert, M.S., LMHCA, & Jared Michonski, Ph.D.

Co-leading a weekly, 12-week DBT Skills group for cancer survivors and those in active treatment, covering diagnosis acceptance, making effective decisions, managing strong emotions, grief, physical intimacy, and communication with others.

Adult DBT Skills Group

Supervisors: Sydney Eckert, M.S., LMHCA, & Jared Michonski, Ph.D.

Co-leading weekly 90-minute DBT skills training group of 8 adults, 28-weeks covering orientation, mindfulness, distress tolerance, emotion regulation, interpersonal effectiveness, and relapse prevention

Practicum Therapist
OCD Intensive Outpatient Program | Seattle Children's Hospital

2020 – 2021

Individual, Group, & Family Therapy

Supervisors: Geoffrey Weigand, Ph.D., Anna Villavicencio, Ph.D., & Lisa Barrois, Ph.D.

Providing exposure and response prevention to children and teens ages 10 to 18 with diagnoses of OCD. Common co-morbid diagnoses included Avoidant-Restrictive Food Intake Disorder (ARFID), tic disorders, attention deficit disorders, depression, and

anxiety. Leading 60-minute groups with teens and their parents utilizing exposure and response prevention to conduct group exposures related to scrupulosity, contamination, harm, symmetry, and hoarding areas of OCD. Providing family therapy to adolescents with their parents including psychoeducation about OCD, tic disorders, ADHD, and ARFID as appropriate, providing psychoeducation about exposure and response prevention, intervention regarding family accommodation, and structuring environmental interventions in home and school contexts.

Assessment

Supervisors: Geoffrey Weigand, Ph.D.

Administering the CY-BOCS and YGTSS to assess OCD and Tic Disorder severity.

Case Management

Supervisor: Anna Villavicencio, Ph.D.

Assigned case management for a client involving weekly treatment planning, presenting at weekly grand rounds, and coordinating care with psychiatrists, AARNPs, outpatient therapists, and residential treatment programs.

Graduate Research Clinician

2020 – 2021

COVID-19 Frontline Healthcare Worker Study | CRISIS Lab

Supervisor: Keyne Law, Ph.D.

Clinical assessment of self-injury and suicide using SITBI (Nock et al., 2007), creating individualized crisis response/safety plans as part of a research study on mental health of frontline healthcare workers during COVID-19

Graduate Research Clinician

2019 – 2020

Treatment Anxiety and Depression Using the Unified Protocol Study | VIBE Lab

Supervisors: Erin Verdi, M.S., & Thane M. Erickson, Ph.D.

Psychodiagnostic assessment (ADIS-5, Hamilton Scale for Depression, Hamilton Anxiety Scale), co-facilitating 12-week therapy groups using the Unified Protocol for transdiagnostic treatment of emotional disorders

PROFESSIONAL CLINICAL TRAININGS (certificates upon request)

- **Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD (DBT-PE)** Sept. 19 – 22, 2022
Trainers: Melanie Harned, Ph.D., ABPP & Samantha Yard, Ph.D.
26-hour intensive training on integrating PTSD treatment into standard DBT using the DBT-PE protocol, preparing high-risk and complex-problem clients for DBT-PE, procedures of the DBT-PE protocol, and strategies for overcoming common problems in PTSD treatment with high-risk, complex-problem clients.
- **Evidence-Based Treatments for Eating Disorders: A Special Look at Cognitive Behavior Therapy for Eating Disorders (CBT-E)** July 18, 2022
Trainer: Irene Rovira, Ph.D.
1.5-hour webinar on CBT-E, covering pre-treatment and motivation, eating disorder diagnostic criteria, CBT-E protocol, and specific strategies within the CBT-E protocol to reduce eating disorder symptoms

- **The Use of Exposure in Eating Disorder Treatment** July 5, 2022
Trainer: Michelle Jones, Ph.D. & Ashley Kyle, M.S., R.D., L.D.
 1.5-hour webinar on evidence-based use of exposure therapies in eating disorder treatment, adapting exposure-based interventions to target eating disorder symptoms
- **Addressing Trauma in the Treatment of Eating Disorders: An Integration of Cognitive Behavioral Approaches** May 17, 2022
Trainer: Kim Anderson, Ph.D., CEDS-S
 1.5-hour webinar on an evidence-based integrated approach to treating co-occurring PTSD and eating disorders, including integrating CBT-E with CPT
- **Gender Dysphoria and Eating Disorders: Understanding and Improving Care for Transgender Individuals with Eating Disorders** May 3, 2022
Trainers: Anne O'Melia, M.D., FAAP, CEDS & Michael Spaulding-Barclay, M.D., FAAP
 1.5-hour webinar on gender dysphoria in clients with eating disorders, therapeutic implications for intervention, associated impacts of hormone replacement therapies
- **Radically Open DBT: Implications for the Treatment of Eating Disorders and Thoughts on Implementation** April 12, 2022
Trainers: Karyn Hall, Ph.D., & Anita Federici, Ph.D.
 1-hour introductory training on using RO-DBT as a treatment for eating disorders, including expert commentary on considerations for the implementation process
- **Antiracist Adaptions to DBT for White Therapists** Nov. 18, 2021
 Panel at 26th International Society for the Improvement and Teaching of DBT conference
- **Preparing the Environment for Change: Pretreatment with Families** Nov. 18, 2021
 Clinical workshop at 26th annual ISIT DBT conference
- **Writing Clinical Letters for Gender Affirming Medical Care** Oct. 4, 2021
Trainer: Moe A. Brown, M.S., LMFT
 2-hour training on writing medical letters for transgender clients
- **Doing DBT with Sexual and Gender Minority People** June 18, 2021
Trainers: Jeff Cohen, Psy.D., Colleen Sloan, Ph.D., & Cindy Chang, Psy.M.
 90-minute training on doing DBT with LGBTQ+ clients
- **Jumpstart in Dialectical Behavior Therapy** May 3 – 28, 2021
Trainer: Shari Manning, Ph.D., Treatment Implementation Collective
 29-hour foundational intensive training on delivering comprehensive DBT
- **Psychology and LGBTQ+ State Legislative Advocacy** Feb. 17, 2021
Trainers: Michele Schlehofer, Ph.D., Christina Patterson, Ph.D.
 1-hour webinar on advocacy and state legislation affecting LGBTQ+ clients
- **Understanding and Treating Non-Suicidal Self-Injury** Aug. 3, 2020
Trainer: Barent Walsh, Ph.D.
 3-hour training on assessment and treatment of NSSI
- **Crisis Response Planning for Suicidal Patients** April 17, 2020
Trainer: Craig J. Bryan, Psy.D., ABPP
 2-hour training on crisis response planning for suicide risk

RESEARCH EXPERIENCE

Graduate Research Student

2020 – present

CRISIS Lab | Seattle Pacific University

Principal Investigator: Keyne C. Law, Ph.D.

Co-Leader, Data and Recruitment Team

Writing a training manual for undergraduate RAs on how to clean and score data using R, mentoring undergraduate RAs on preparing for analysis, and participant recruitment.

Principal Investigator, DBT Skills for LGBTQ+ Adults Study

Study design & IRB, intake assessment using Mini International Neuropsychiatric Interview, supervising graduate students leading abbreviated DBT skills groups, applying for external grant funding

Principal Investigator, Suicide & Campus Policy in LGBTQ+ Students

Collaborator: Brooke A. Ammerman, Ph.D., ASSIST Lab | University of Notre Dame
Study design, writing IRB application, study coordination between universities, leading a team of 5 graduate students and 3 undergraduate RAs for participant recruitment, researching campus policy, overseeing data collection

Crisis Response Team Member

Receiving alerts for research participants with active suicide risk, contacting them to conduct suicide risk assessment, utilizing evidence-based suicide risk management strategies to ensure safety, referring to higher levels of care when needed

Graduate Research Assistant

2019 – 2021

Values, Interpersonal Behavior, and Emotion Lab | Seattle Pacific University

Principal Investigator: Thane M. Erickson, Ph.D.

Unified Protocol treatment study data coordination, diagnostic interviews, coordination of participant compensation

Lead Research Assistant

2018 – 2019

Undergraduate Developmental Psychology Lab | Seattle Pacific University

Principal Investigator: Mícheál D. Roe, Ph.D.

Co-Investigator, Images of Aging in Older Adults Study

Participant recruitment, informed consent, and data collection at retirement facilities; coordinating data collection with facility CEO; IRB protocols; supervising students in conducting literature reviews, data analysis, data coding, and conference presentations.

Co-Investigator, Calling and Vocation in Emerging Adults Study

Data collection in undergraduate classrooms; proposing research questions; data analysis; supervising a team of 4 undergraduate students in conducting literature reviews, data cleaning, data coding, data analysis, and conference presentations.

Research Assistant

2017 – 2018

Undergraduate Developmental Psychology Lab | Seattle Pacific University

Principal Investigator: Mícheál D. Roe, Ph.D.

Data collection, cleaning, and analysis, conference presentations

TEACHING EXPERIENCE

Graduate Teaching Assistant, Seattle Pacific University 2022

CPY 7315: Psychological Interventions II – DBT and Third Wave Therapies

Course Instructor: *Keyne C. Law, Ph.D.*

Class: *16 second-year clinical psychology PhD students*

Facilitated teaching of full-model DBT by demonstrating skills group didactics, demonstrating individual therapy and phone coaching sessions, and leading consultation teams; grading class assignments and therapy notes, holding office hours for students

Graduate Teaching Assistant, Seattle Pacific University 2022

CPY 7310: Psychological Interventions I – Cognitive Behavioral Therapies

Course Instructor: *Keyne C. Law, Ph.D.*

Class: *13 second-year clinical psychology PhD students*

Facilitated teaching of Cognitive Behavior Therapy approaches including Behavioral Activation for Depression, cognitive restructuring, E/RP, CPT, PE, and C-BASP by leading group supervision and giving feedback on practice session tapes; grading class assignments and therapy notes, holding office hours for students

Guest Lecture: Trauma, Complex Trauma, and DBT-PE March 3, 2022

CPY 7315: DBT and Third Wave Therapies | Seattle Pacific University

Course Instructor: *Keyne C. Law, Ph.D.*

Class: *16 second-year clinical psychology PhD students*

45-minute guest lecture on relationships between BPD and chronic trauma, the use of DBT with clients who have trauma histories, implementation of DBT-PE protocol, and how DBT-PE differs from standard PE

Guest Lecture: DBT for Eating Disorders Feb. 17, 2022

CPY 7315: DBT and Third Wave Therapies | Seattle Pacific University

Course Instructor: *Keyne C. Law, Ph.D.*

Class: *16 second-year clinical psychology PhD students*

30-minute guest lecture on applications of DBT to eating disorders, how DBT fits into other evidence-based treatments for eating disorders, and current research

Guest Lecture: DBT for Adolescents and Behavioral Parent Training Feb. 7, 2022

CPY 7315: DBT and Third Wave Therapies | Seattle Pacific University

Course Instructor: *Keyne C. Law, Ph.D.*

Class: *16 second-year clinical psychology PhD students*

30-minute lecture on delivering DBT to adolescents, behavioral parent training strategies, and leading adolescent-multifamily skills group

Guest Lecture: The Linehan Risk Assessment and Management Protocol Jan. 20, 2022

CPY 7315: DBT and Third Wave Therapies | Seattle Pacific University

Course Instructor: *Keyne C. Law, Ph.D.*

Class: *16 second-year clinical psychology PhD students*

30-minute guest lecture on using the LRAMP to assess, manage, and document suicide risk throughout the course of comprehensive DBT

Guest Lecture: Leading DBT Skills Group Jan. 3, 2022
CPY 7315: DBT and Third Wave Therapies | Seattle Pacific University
Course Instructor: *Keyne C. Law, Ph.D.*
Class: *16 second-year clinical psychology PhD students*
30-minute recorded lecture on theory, guidelines, and strategies for leading DBT skills groups

Guest Lecture: Obsessive-Compulsive and Related Disorders Feb. 8, 2021
MFT 6600: Psychopathology and Family Systems | Seattle Pacific University
Course Instructor: *Stephanie Armes, Ph.D., LMFT*
Class: *32 Marriage and Family Therapy master's students*
75-minute lecture on psychopathology, development and evidence-based treatment of OCD and related disorders, recorded for future use

Guest Lecture: Introduction to Qualtrics May 6, 2018
PSY 3588: Psychological Research Methods | Seattle Pacific University
Class: *30 undergraduate psychology students*
Course Instructor: *Micheál D. Roe, Ph.D.*
80-minute guest lecture on utilizing Qualtrics in quantitative and qualitative research, with in-class demonstration and practice

Undergraduate Student Mentoring (*accepted to *Clinical Psychology PhD program*)
Eve Sudberry (2022 – present) *Cammy Widman (2021 – 2022)
Jason Le (2021 – present) *Andrew Ton (2020 – 2021)
Johanna Knight (2021 – present) Maddie Grigg (2018 – 2019)
Molly Hassler (2020 – present) Mikayla Logue (2018 – 2019)

SERVICE EXPERIENCE

Ad Hoc Reviewer
Suicide and Life-Threatening Behavior
Journal of Psychiatric Research
Psychopathology
Psychological Assessment

Event Manager, DBT-PE Intensive Training Sept. 19 – 22, 2022
Harned Consulting, LLC
Assisting with CE documentation and attendance, organizing roleplay and discussion dyads

Panelist, Clinical Training Panel Feb. 7, 2022
Department of Clinical Psychology | Seattle Pacific University
Discussing practicum and clinical training at experiences, answering prospective student questions related to program's clinical training opportunities

Panelist, Clinical Psychology Prospective Student Day Nov. 11, 2020
Department of Clinical Psychology | Seattle Pacific University
Answering prospective graduate student questions and discussing program's clinical and research training opportunities

Workshop Leader, Suicide Risk Assessment Oct. 30, 2020
Values, Interpersonal Behavior, & Emotion Lab | Seattle Pacific University
60-minute workshop teaching evidence-based suicide risk assessment and safety planning, proposed new risk assessment protocol

Invited Student Interviewer, Faculty Interviews Feb. 21, 2019
Department of Psychology | Seattle Pacific University
One of 10 undergraduate students selected to help interview developmental psychology assistant professor candidates

Panelist, Psi Chi Research and Internship Panel Jan. 28, 2019
Department of Psychology | Seattle Pacific University
Discussing opportunities and experiences with undergraduate research and internships

RELATED VOLUNTEER EXPERIENCE

Diversity Mentor 2020 – 2021
Department of Clinical Psychology | Seattle Pacific University
Mentoring a first-year clinical psychology graduate student to help with navigating identity at a conservative institution, providing guidance on clinical & research opportunities

Shared Breakfast Volunteer 2018 – 2020
First United Methodist Church | Seattle, WA
Serving hot breakfast to ~300 individuals experiencing homelessness, connecting to resources and shelters at their request

Intern, Psychiatry & Behavioral Medicine Unit 2018
Seattle Children's Hospital | Seattle, WA
Supervisor: Adam Ganz, PMHA II
Leading inpatient emotion regulation, mindfulness, and distress tolerance groups, charting in Clinical Information Systems

PROFESSIONAL MEMBERSHIPS

Washington State LMCHA #MC.61258839

- Academy for Eating Disorders (AED)
- Association for Behavioral & Cognitive Therapies (ABCT)
- International Society for Improvement and Teaching of DBT (ISIT DBT)
- American Psychological Association (APA)
- Gender and Sexual Minority Special Interest Group (ABCT SIG)
- International Society for the Study of Self-Injury (ISSS)